

WARRIOR WELLNESS PROJECT™

The Warrior Wellness Project™ is a VA, first of its kind program, designed to address food insecurity and improve the overall well-being of Veterans. The comprehensive approach of medically tailored nutrition, mental health and financial support, and housing and job assistance, is targeted to reducing long-term health risks and improving quality of life.



STRATEGIC BENEFITS

- Expand access to medically tailored groceries for Veterans with chronic conditions to improve health and reduce costly care.
- Promote healthier eating habits to prevent diseases.
- Strengthen financial resilience through financial literacy.
- Support housing security with HUD/VASH programs for stability and well-being.
- Empower Veterans with employment pipelines for purpose and career growth.
- Eliminate food insecurity among vulnerable Veterans via consistent access to nutritious meals.



U.S. Department of Veterans Affairs
Veterans Health Administration
West Palm Beach VA Healthcare System



**VHA Innovation
Ecosystem**

WARRIOR WELLNESS PROJECT™

PROGRAM PARTNERS

- Food Locker Company
- Soldiers' Angels
- Palm Beach County Food Bank, Feeding South Florida, United Way of Palm Beach
- University of Florida/IFAS EFNEP Extension
- VA Palo Alto Healthcare System Research Team
- Tufts University
- West Palm Beach VA Healthcare System:
 - Healthy Teaching Kitchen
 - Center for Development and Civic Engagement
 - HUD/VASH and Compensated Work Therapy Programs
 - Connected Care

MEET THE INNOVATOR

Billie Smith, MPH, MS INTM, RDN is a Registered Dietitian and Coordinator for the WPBVAHCS Healthy Teaching Kitchen program. Ms. Smith's dual advanced degrees in public health and integrative nutrition, ensure local VA initiatives shape sustainable, evidence-based wellness interventions. Through active engagement with the VHA Innovation Ecosystem Accelerator Program, she has developed the Warrior Wellness Project. The pilot project has potential for an enterprise rollout and replication, offering a model that can transform health outcomes across Veteran communities.



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